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Abstract. Clustered small breast lesions may be present in the neighboring areas and are difficult to accurately resolve and quantify in diffuse optical tomography. In addition, larger cancers are often accompanied by clustered satellite lesions in the neighboring areas, which are also difficult to resolve and quantify. To improve the light quantification of clustered lesions, a new multi-zone reconstruction algorithm guided by co-registered ultrasound (US) was investigated using simulations, phantoms, and clinical examples. This method separated one larger region-of-interest (ROI) into several ROIs based on the location information provided by co-registered US. In general, the single-ROI method cannot resolve two smaller targets when their separations were less than 2.5 cm and the depth was greater than 2.0 cm. The multi-zone reconstruction method improved the resolving ability and reconstruction accuracy. As a result, two targets located at 2.5 cm depth with separation greater than 2.0 cm could be distinguished, and reconstruction improved by more than 20% as compared with that of the single-ROI method. When two targets, one larger and one smaller, were located closer to each other, the location of the reconstructed absorption mass was shifted toward the larger target and the quantification of the smaller target was limited. © 2011 Society of Photo-Optical Instrumentation Engineers (SPIE). [DOI: 10.1117/1.3600773]

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1 Introduction

Diffuse optical tomography (DOT) in the near infrared (NIR) spectrum provides a unique approach for functional diagnostic breast imaging and for monitoring chemotherapy response of advanced breast cancers.¹⁻²¹ However, the primary limitation of DOT is related to the intense light scattering in tissue, which dominates NIR light propagation. As a result, the resolution of the DOT is low and the lesion localization is poorer. In addition, the accurate quantification of lesion optical properties is difficult with DOT. Optical tomography guided by coregistered ultrasound (US), magnetic resonance imaging, and x-ray has demonstrated a great clinical potential to overcome lesion location uncertainty and to improve light quantification accuracy.^{14,15,17,22–26} In the co-registration approach, a region of interest (ROI) containing a suspicious lesion seen by US or other imaging modalities is used to guide the DOT image reconstruction.

Our group has developed a unique approach of using coregistered US to guide the lesion localization and using DOT to map the lesion vasculature. This approach has successfully overcome the location uncertainty of pure DOT approaches and improved the light quantification accuracy.^{18,27,28} When an average reconstructed absorption coefficient is used to quantify the reconstruction for a single target, this approach can achieve 61 to 77% of true value or accuracy referred throughout the paper for a high-contrast 1-cm target (absorption coefficient μ_a = 0.22 to 0.25 cm⁻¹) and 99 to 150% for a low-contrast target ($\mu_a = 0.06$ to 0.07 cm⁻¹) of the same size located at the depth range of 1 to 3 cm. The accuracy of a large 3-cm high-contrast target in the same absorption range as a 1-cm target was lower in the range of 50 to 63%, and the accuracy of a low-contrast target of the same size was in the range of 106 to 133% when the targets were located at the depth range of 1 to 3 cm, respectively.²⁹ It is noted that the high-contrast targets with absorption in the range of 0.22 to 0.25 cm⁻¹ are under-reconstructed mainly due to the use of the linear Born approximation, and low-contrast targets of absorption coefficient in the range of 0.06 to 0.07 cm^{-1} are, in general, over-reconstructed due to system and measurement noise, so the reconstructed contrast ratios are lower than the true ratios. As a result, the measured malignant and benign breast lesion contrast is about two-fold higher,^{17,25} which could be much higher. Thus, it is important to improve the quantification of high-contrast targets and, therefore, to improve the diagnosis of malignant versus benign breast lesions. Other research groups have been working on improving the light quantification by using prior information from other imaging modalities. A recent paper by Ghadyani et al. has reported 85% accuracy in simulations when a contrast details analysis is used to recover the optical properties of anomalies guided by the magnetoresistance imaging.^{14,15} There are other groups using spatial prior information to guide DOT imaging, for example, Tian et al. has presented a best recovering rate of 64% of dual targets with a new depth compensation algorithm in simulations.^{30,31}

In the dual-zone mesh method that we introduced earlier,³² the ROI was segmented into a finer mesh and the background region was segmented into a coarse mesh. The inversion was well conditioned by this dual-zone mesh scheme and quickly converged in three to four iterations. In the presence of multiple targets, multiple ROIs are needed to guide the DOT image reconstruction. In this paper, we extend the dual-zone mesh method

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to include multiple ROIs when multiple targets are present. We evaluate the performance of the multi-zone method using simulations and phantom experiments. Clinical examples are given to demonstrate the improvement of lesion characterization using this method. Although the capability of DOT alone in distinguishing multiple targets was evaluated by several research groups,^{21,31,33–36} the use of prior knowledge of multiple lesions seen by US has not been investigated. This study will systemically evaluate the performance of the multi-zone algorithm and the improvement of this method in target quantification.

2 Methods

2.1 Reconstruction Algorithms

In the single ROI dual-zone mesh-based image reconstruction, the imaging volume was segmented into two regions consisting of the lesion (L) as identified by the co-registered ultrasound and the background (B) region. In phantom study, the spherically shaped ROI is set by the ultrasound image and is about two times larger than the true target size to account for any inaccuracy of target spatial locations. In clinical studies, because the lesions are no clear spatial boundaries in most cases, we have used about a three times larger region of interest to account for potential spatial errors. A finer imaging voxel is used for the lesion region and a coarse imaging voxel is used for the background region. A modified Born approximation is used to relate the scattered field $U_{sd}(r_{si}, r_{di}, \omega)$ measured at the source (s) and detector (d) pair i to absorption variations $\Delta \mu_a(r')$ in each volume element of the two regions within the sample, where r_{si} and r_{di} are the source and detector positions, respectively. The matrix form of the image reconstruction is given as

$$[U_{SC}]_{M \times 1} = [W_L, W_B]_{M \times N} [M_L, M_B]^T,$$
(1)

where W_L and W_B are weight matrices for the target and background regions, respectively. Instead of reconstructing $\Delta \mu_a$, the integral absorption distribution M is reconstructed, which is the product of $\Delta \mu_a$ times voxel size in discrete form. The M matrix is segmented into two regions, L and B, where $M_L = [\int_{1_L} \Delta \mu_a(r') d^3 r', \dots \int_{N_L} \Delta \mu_a(r') d^3 r']$ and $M_B = [\int_{1_B} \Delta \mu_a(r') d^3 r', \dots \int_{N_B} \Delta \mu_a(r') d^3 r']$. After reconstructing \tilde{M} , we divide it by different voxel sizes of L and B to obtain $\Delta \mu_a$ distribution. By using a finer mesh for the L region and a coarser mesh for the B region, we reduce the total number of voxels with unknown optical properties for improving inversion. In addition, the M is reconstructed rather than absorption distribution per se, which further conditions the inversion because the M in the lesion region with a higher absorption and a finer voxel grid is in the same scale as the M in the background region with a lower absorption and a courser grid. The weight matrices are calculated based on the background absorption coefficient $\bar{\mu}_a$ and reduced scattering coefficient $\bar{\mu}'_a$ measured from the homogeneous intra-lipid solution in phantom studies and normal contra-lateral tissue in clinical studies.

For more than one target, the performance of the single ROIbased dual-mesh scheme is degraded because of the increased number of fine-mesh grids with unknown optical properties. As a result, the lesion quantification is poor. We have extended the dual-zone mesh method to multiple zones based on the ROIs identified by ultrasound. If N targets are present, we divide the ROI into N zones either in a single layer or multiple layers in depth denoted as ROI#1, ROI#2, ... ROI#N, respectively. Equation (1) is modified as

$$[U_{SC}]_{M \times 1} = [W_{L_1}, W_{L_2}, \dots, W_{L_N}, W_B]_{M \times N} \\ \times [M_{L_1}, M_{L_2}, \dots, M_{L_N}, M_B]^T,$$
(2)

where the W_{L1} , W_{L2} , and W_{LN} are the weight matrices for the targets and W_B is the weight matrix for the background tissue. M_{L1} , M_{L2} and M_{LN} are the integral absorption distributions of the corresponding targets and M_B is that of the background region. The absorption distributions can be computed by dividing the corresponding voxel size in ROIs and the background regions.

For experiments and clinical cases, we have used 0.25 \times 0.25 \times 0.5 cm³ for the finer grid inside the lesion and 1.0 \times 1.0 \times 1.0 cm³ in the background region. The total imaging volume is 9.0 \times 9.0 \times 4.0 cm³. The choice of the imaging grids is based on the considerations of the system signal to noise ratio and the total number of voxels with unknown optical properties. The total number of finer and coarser voxels depends on the target size. For typical 1-cm dual targets, the total numbers of finer and coarser voxels depends on the target size. For typical 1-cm dual targets, the total numbers of finer and coarser voxels are 242 and 324 (total 566), respectively, when a dual ROI is used. These numbers are 441 and 321 (total 762), respectively, when a single ROI is used. For simulations, we have used 0.15 \times 0.15 \times 0.5 cm³ for the finer grid and the same coarse grid as the experiments. The corresponding numbers are 402 and 324 (total 726) for the dual ROI approach and 1258 and 324 (total 1582) for the single ROI approach.

2.2 Simulations and Phantom Experiments

In simulation, a commercial finite-element (FEM) package COMSOL was employed to solve the forward diffusion equation in the frequency domain.^{37,38} A 140-MHz modulation frequency was used in all simulations. A cylinder of 20-cm diameter and 10-cm height was used to model the semi-infinite medium, and nine sources and 14 detectors were distributed on the surface in reflection geometry as shown in Fig. 1. Two spherical absorbers



Fig. 1 Probe geometry used for simulations and phantom experiments. The probe is of 1-cm thickness and the center slot is used for US transducer.



Fig. 2 Simulated absorption maps of two targets of different contrast ($\mu_a = 0.25 \text{ cm}^{-1}$ and $\mu_a = 0.07 \text{ cm}^{-1}$) separated by 2.5 cm and located at 1.0, 1.5, 2.0, and 2.5 cm depth, respectively, using the single ROI shown in (a), (c), (e), and (g) and the multi-zone method shown in (b), (d), (f), and (h). For each figure part, there were six subfigures reconstructed at different depths marked on the figure title. Each subfigure is a spatial *x*-*y* image of 9 cm × 9 cm in spatial dimensions. The rest of the figures consisting of reconstructed absorption maps were displayed with the same dimensions as Fig. 2.

of the same or different absorption coefficients were embedded in the scattering medium. The optical properties of the medium were $\mu_a = 0.03 \text{ cm}^{-1}$ and $\mu'_s = 6.0 \text{ cm}^{-1}$, which were typical values of fatty breast tissue.^{22,38,39} Targets μ_a and μ'_s were changed based on the different types of tumor targets simulated, for example, the high-contrast target of $\mu_a = 0.25 \text{ cm}^{-1}$ and $\mu'_s = 6.0 \text{ cm}^{-1}$ was used to simulate malignant tumors and the low-contrast target of $\mu_a = 0.07 \text{ cm}^{-1}$ and $\mu'_s = 6.0 \text{ cm}^{-1}$ was used to simulate benign lesions.

In phantom experiments, the frequency domain system³⁸ consisted of 14 parallel detectors and four laser diodes of wavelength 740, 780, 808, and 830 nm, respectively. Each laser diode was sequentially switched to nine positions on the probe. The central slot on the probe shown in Fig. 1 was used to fit the ultrasound transducer, and the sources and detectors were distributed

on both sides. The range of source and detector (s-d) distance is from 1.2 to 7.4 cm. Because of the saturation of photomultiplier tubes for very short s-d separation, the useful s-d range is from 2.5 to 7.4 cm, resulting in 134 amplitude and phase measurements for imaging reconstruction. In principle, more detectors and sources that provide larger s-d distances can be deployed to probe deeper targets, however, the signal to noise ratio of those detectors with s-d distance beyond 7.5 cm is too low.

Polyester resin spheres of calibrated values $\mu_a = 0.23 \text{ cm}^{-1}$ and $\mu'_s = 5.45 \text{ cm}^{-1}$, and $\mu_a = 0.07 \text{ cm}^{-1}$ and $\mu'_s = 5.50 \text{ cm}^{-1}$ were used to emulate high-contrast tumors and low-contrast benign lesions. Intralipid solution of $\mu_a = 0.03 \text{ cm}^{-1}$ and $\mu'_s = 7.2 \text{ cm}^{-1}$ was used to emulate the background tissue. Note that there is a small difference (1.8 cm⁻¹) in μ'_s between the target and the background. We performed simulations to evaluate the



Fig. 3 Phantom experimental results of two targets of different contrast ($\mu_a = 0.23 \text{ cm}^{-1}$ and $\mu_a = 0.07 \text{ cm}^{-1}$) separated by 2.5 cm and located at 1.0, 1.5, 2.0, and 2.5 cm depth, respectively, using the single ROI shown in (a), (c), (e), and (g) and the multi-zone method shown in (b), (d), (f), and (h).

contribution of this difference to reconstructed target μ_a and found that its effect was about 2%, which was negligible. All measurements were made with the target inside the intralipid (target data) and intralipid alone as a reference. The perturbation between the target data and the reference was used for imaging reconstruction.

Clinical experiments were performed at University of Connecticut Health Center. The study protocol was approved by the local Institutional Review Board committee. All patients who participated in our study signed the informed consent. The data were taken at the patients' lesion area and the contralateral breast of the same quadrant of the lesion. Contralateral data set was used to estimate background optical properties for weight matrix computation. The perturbation computed between the lesion data and the contralateral data was used for imaging reconstruction.

3 Results

3.1 Two Targets with Different Contrast

In some clinical cases, patients may have multiple lesions with malignant or benign characteristics. To evaluate the performance of our multi-zone ROIs approach, we have performed simulations and experiments by using two targets of the same size but different contrast.

A series of FEM simulations were conducted for two types of targets, one high and one low-contrast absorbers. Both targets had the same diameter of 1.0 cm and were located at the same depth with center-to-center separations of 1.5, 2.0, 2.5, and 3.0 cm, respectively. The depth from the target center to the probe surface varied from 1.0 to 2.5 cm in 0.5 cm increments. Tomography images were shown in six slices at different depths from 0.5 cm to 3.0 cm with 0.5 cm increments. The targets

were shown at the corresponding depth. The single ROI and the multi-zone ROIs algorithms were used to reconstruct the images as shown in Fig. 2. In Fig. 2, the separation of the two targets is 2.5 cm and target center depths are 1.0, 1.5, 2.0, and 2.5 cm, respectively. The images in the left column [Figs. 2(a), 2(c), 2(e), and 2(g) are the reconstructed absorption distributions using the single ROI method and the images in the right column [Figs. 2(b), 2(d), 2(f), and 2(h)] are the reconstruction results using the multi-zone ROIs algorithm. For the single ROI method, the reconstructed maximum absorption value of the high-contrast target was 0.09 cm⁻¹ (36% accuracy), and that of the low-contrast target was 0.04 cm^{-1} (57%) at the depth of 1.5 cm; but the accuracy could reach 0.17 cm⁻¹ (68%) for the high-contrast target and 0.06 cm⁻¹ (86%) for the low-contrast target when the multi-zone method was used. With respect to target resolving capability, the two targets could not be separated using the single ROI method when they were deeper than 2.0 cm. However, the targets up to 2.5 cm depth could be separated with the guidance of the prior target locations when the multi-zone method was used. Briefly, the average reconstruction accuracy of four target separations of the high-contrast targets using the single ROI method was 36, 38, 35, and 33% at 1.0, 1.5, 2.0, and 2.5 cm center depths, respectively. The average accuracy of the corresponding separations was 63, 67, 58, and 47%, respectively, using the multi-zone method. A 23% average improvement was achieved compared with that obtained using the single ROI method. To further evaluate the performance of the multi-zone method with targets of different contrast, another set of simulations with $\mu_a = 0.15 \text{ cm}^{-1}$ as the low- contrast target and $\mu_a = 0.25 \text{ cm}^{-1}$ as the high-contrast target, and μ'_s $= 6.0 \text{ cm}^{-1}$ for both was performed. For the single ROI method, the average reconstruction accuracy of four separations was 31, 46, 38, and 22% at 1.0 to 2.5 cm center depths, respectively. The average accuracy was 41, 73, 68, and 44%, respectively, and an average 22% improvement was obtained compared with that using the single ROI method.

To validate the simulation results, a phantom experiment using two 1-cm polyester resin spheres with different contrasts was performed. The intralipid solution was used as the background. The experiment was designed using similar conditions as the simulation. Figure 3 shows the reconstructed absorption maps of the two targets, which were separated by 2.5 cm and located from 1.0 to 2.5 cm center depths. Targets could not be resolved when they were located deeper than 2.0 cm if the single ROI method was used [Figs. 3(e) and 3(g)], while in the right column [Figs. 3(b), 3(d), 3(f), and 3(h)], they could be separated at all depths when the multi-zone method was used. The average accuracy of four target separations of the high-contrast target was 39, 44, 41, and 34% at depths of 1.0, 1.5, 2.0, and 2.5 cm using the single ROI method, respectively, and that was 66, 75, 64, and 56%, respectively, using the multi-zone method. The average improvement was 26%. Both simulations and phantom experiments demonstrated that the multi-zone algorithm could improve the capability of resolving two targets with improved quantification.

Figure 4 shows the analysis of reconstruction accuracy quantified using accuracy versus different depths. The solid curves are for a high-contrast target using the multi-zone method, while the dotted lines are obtained from the single ROI method. The dashed lines are for the low-contrast target using the multi-



Fig. 4 Plot of reconstruction accuracy versus target depths of two targets using the single ROI and multi-zone method as labeled in the figures. (a) and (b) From simulations and (c) from experiments. (a) Two targets of $\mu_a = 0.25 \text{ cm}^{-1}$ and $\mu_a = 0.07 \text{ cm}^{-1}$; (b) $\mu_a = 0.25 \text{ cm}^{-1}$ and $\mu_a = 0.15 \text{ cm}^{-1}$; (c) $\mu_a = 0.23 \text{ cm}^{-1}$ and $\mu_a = 0.07 \text{ cm}^{-1}$.





Fig. 5 A clinical example of two different contrast lesions. (a) Co-registered US showed two suspicious masses with centers located at 1.2 cm from the skin surface. (b) and (c) Optical absorption map reconstructed at 780 nm using the (b) single ROI and (c) multi-zone method. (d) and (e) Computed total hemoglobin concentration map using the (d) single ROI and (e) multi-zone method.

zone method. Because of the limited resolving ability of the single ROI method for the low-contrast target, the accuracy could not be accurately measured and therefore no values are given. The 100% is plotted as the reference using the dasheddotted line. Figures 4(a) and 4(b) show the results of the simulations, where Fig. 4(a) corresponds to the two targets with $\mu_a = 0.25 \text{ cm}^{-1}$ and $\mu_a = 0.07 \text{ cm}^{-1}$ and Fig. 4(b) to μ_a = 0.25 cm⁻¹ and μ_a = 0.15 cm⁻¹. Figure 4(c) shows the results of the phantom experiments. The improvement of the multi-zone method is shown by its higher reconstruction accuracy (solid lines) than that of the single ROI method (dotted lines). From the comparison between the figures, one can see that the reconstructed absorption values of the high-contrast target remain similar and the most accurate reconstructions occur at the depth range beyond 1.0 cm and less than 2.5 cm. For the low-contrast target (true $\mu_a = 0.07 \text{ cm}^{-1}$), the reconstruction values were around or slightly over the true value 100% [Figs. 4(a) and 4(c)]. For the medium-contrast target (true μ_a $= 0.15 \text{ cm}^{-1}$) imaged with the high-contrast target together, both targets were under-reconstructed but the medium-contrast target had higher accuracy than that of the high-contrast target [Fig. 4(b)].

A clinical example was given to demonstrate the improvement by using the multi-zone method. This 52-year old patient had two suspicious lesions as shown in US [Fig. 5(a)]. When the single ROI was used, two targets of one slightly higher contrast (left) than the other (right) showed in the absorption map reconstructed at 780 nm [Fig. 5(b)] and 830 nm (not shown). The calculated maximum absorption coefficients were 0.13 and 0.10 cm⁻¹, respectively. When the multi-zone method was used, the calculated maximum absorption coefficients were 0.22 and 0.12 cm⁻¹ [Fig. 5(c)]. The calculated maximum total hemoglobin (Hb) concentrations were 80 and 63 μ mol/Liter by using the single ROI method [Fig. 5(d)], and 97 and 62 μ mol/Liter by using the multi-zone method [Fig. 5(e)]. Biopsy results showed that the higher contrast lesion was a ductal carcinoma in situ (left in US) and the lower contrast one was a benign fibrocystic lesion.

3.2 Two Targets with the Same Contrast

In this section, the resolving ability of the multi-zone ROIs method in imaging clustered tumors with the same contrast was evaluated using simulations and phantom experiments. Two



Fig. 6 Simulated absorption maps of two targets with the same contrast ($\mu_a = 0.25 \text{ cm}^{-1}$) separated by 2.5 cm and located at 1.0, 1.5, 2.0, and 2.5 cm depth, respectively. Obtained (a), (c), (e), and (g) using the single ROI and (b), (d), (f), and (h) using the multi-zone method.

small targets of 1.0 cm diameter and the same contrast located at the same or different depths were characterized.

In the first set of FEM simulations, two high-contrast targets of 1.0 cm diameter were imaged. The target center-to-center separations were 1.5, 2.0, 2.5, and 3.0 cm, and center depths varied from 1.0 to 2.5 cm. Figure 6 shows an example when the two targets with 2.5 cm separation are located at the same depths from 1.0 to 2.5 cm. A comparison of the results in the left column [Figs. 6(a), 6(c), 6(e), and 6(g)] using the single ROI method and in the right column [Figs. 6(b), 6(d), 6(f), and 6(h)] using the multi-zone method has clearly demonstrated that the capability of the multi-zone method in resolving two targets is much better. Quantitatively, the single ROI method had the best reconstructed absorption value of 0.11 cm⁻¹ (44%) at

1.5 cm depth; and lost the resolving ability when the target was deeper than 2.0 cm. In contrast, the multi-zone method can reach 0.19 cm⁻¹ (76%) reconstruction accuracy and extend resolving ability up to 2.5 cm. The average reconstruction accuracy of four different target separations was 33, 42, 40, and 27% from 1.0 to 2.5 cm center depths, respectively, using the single ROI method. The average accuracy was 45, 74, 60, and 41%, respectively, using the multi-zone method. An average 20% improvement was achieved compared with that using the single ROI method.

Phantom experiments were performed to verify the simulation results. Two high-contrast phantom targets of 1.0 cm diameter were embedded inside the intralipid solution with the same experimental conditions as the simulation. Figure 7 shows one



Fig. 7 Phantom results of two targets with the same contrast ($\mu_a = 0.23 \text{ cm}^{-1}$) separated by 2.5 cm and located at 1.0, 1.5, 2.0, and 2.5 cm depth, respectively. Obtained (a), (c), (e), and (g) using the single ROI method and (b), (d), (f), and (h) using the multi-zone method.

example of the phantom targets separated by 2.5 cm at all depths. The average reconstruction accuracy was 29, 37, 41, and 28% at 1.0, 1.5, 2.0, and 2.5 cm center depths, respectively, using the single ROI method and the value was 47, 84, 65, and 42%, respectively, using the multi-zone method. An average 26% improvement was achieved compared with that using the single ROI method. Figure 8 plots the accuracy ratio versus different depths. The reconstruction accuracy of the multi-zone method (solid lines) is much higher than that of the single ROI method (dotted lines). The more accurate reconstruction occurred in depth range beyond 1.0 cm and less than 2.5 cm in both simulations [Fig. 8(a)] and phantom experiments [Fig. 8(b)].

The second set of simulations was performed with two targets located at different depths. The two targets were the same as before but one was located at 1.0 cm depth while another was at 1.5 cm. Different center-to-center separations of 1.5, 2.0, 2.5, and 3.0 cm were simulated and shown in Fig. 9. None of the images shown in the left column [Figs. 9(a), 9(c), 9(e), and 9(g)] obtained from the single ROI method could separate the two targets; while the images shown in the right column [Figs. 9(b), 9(d), 9(f), and 9(h)] obtained from the multi-zone method could resolve them when the center-to-center separation was larger than 2.0 cm. The same as in other cases, the reconstructed absorption coefficients were more accurate when the multi-zone method was used. The absorption coefficients were 0.12 (48%), 0.10 (40%), 0.10 (40%), and 0.10 (40%) for 1.5, 2.0, 2.5, and 3.0 cm center-to-center separations, respectively, using the single ROI method; and those were 0.16 (64%), 0.18 (72%), 0.15



Fig. 8 Plot of reconstruction accuracy versus target depths of two targets of the same contrast. (a) Simulation results of two targets of $\mu_a = 0.25 \text{ cm}^{-1}$ and (b) phantom results of $\mu_a = 0.23 \text{ cm}^{-1}$.

(60%), and 0.16 (64%) using the multi-zone method with an average 23% improvement.

To verify the simulation results, phantom experiments were performed using the similar condition as the simulation. Two high-contrast phantom targets of 1.0 cm diameter were located at 1.0 cm and at 1.5 cm center depths. Figure 10 shows the US and the reconstructed images of the two targets separated by 1.5, 2.0, 2.5, and 3.0 cm. The reconstructed absorption coefficients were 0.10 (43%), 0.09 (39%), 0.08 (35%), and 0.09 (39%) for 1.5, 2.0, 2.5, and 3.0 cm center-to-center separations, respectively, using the single ROI method [Figs. 10(a), 10(c), 10(e), and 10(g)]; and those were 0.16 (70%), 0.14 (61%), 0.17 (74%), and 0.15 (65%) using the multi-zone method [Figs. 10(b), 10(d), 10(f), and 10(h)]. An average 29% improvement was achieved compared with that of the single ROI method. When the separation of the two targets was larger than 2.0 cm, the multi-zone reconstruction method could separate them, but the single ROI method could not.

A clinical example with two lesions is given in Fig. 11. A 59-year old woman had two suspicious lesions located at 9 and 7 to 8 o'clock positions. US images of the two lesions are shown in different views in Figs. 11(a) and 11(b) with the center depth of approximately 2.0 cm. Because the NIR probe is much bigger (9-cm diameter) than the US probe (5 cm × 1 cm), the two targets are visible in the absorption maps reconstructed using a single ROI at 780 nm [Fig. 11(c)] and 830 nm (not shown). The calculated maximum absorption coefficients were 0.18 and 0.14 cm⁻¹ for 9 and 7 to 8 o'clock lesions, respectively. When the multi-zone method was used as shown in Fig. 11(d), the calculated maximum absorption coefficients were 0.23 and 0.19 cm⁻¹, respectively. The calculated maximum total Hb concentrations were 90 and 81 μ mol/Liter by using the single ROI method, and 105 and 101 μ mol/Liter by using the multi-zone method. Biopsy results showed that both lesions were invasive carcinomas.

3.3 Large Target Surrounded by a Small Satellite Target

Large cancers may have smaller satellite lesions in the neighboring areas. To quantify the reconstruction accuracy under this imaging condition, two high-contrast targets of 2 and 1 cm diameter next to each other were simulated using the FEM method. Two sets of simulations were performed where the larger target was surrounded by the smaller one closer to its top half or bottom half in depth. In the first set of simulations, the larger target was located at 1.5 or 2.0 cm center depth and the smaller target located closer to its top half with the center-to-center separation of 2.1, 2.5, 3.0, and 3.5 cm, respectively. Figures 12(a) and 12(b) show the absorption maps of the two targets with 3.0 cm separation when the larger one is located at 1.5 cm center depth. The reconstructed maximum absorption of the larger target using the single ROI method [Fig. 12(a)] was 0.10 cm^{-1} (40%), and the multi-zone method [Fig. 12(b)] was 0.16 cm⁻¹ (64%). The smaller target was not resolved using the single ROI method [Fig. 12(a)] and was 0.09 cm⁻¹ (36%) using the multi-zone method [Fig. 12(b)]. More results of different target separations and depths are given in Table 1. The average reconstruction accuracy of the larger target was 51.5% and the satellite target could not be resolved until the separation was larger than 3.5 cm if the single ROI method was used. The accuracy of the larger target could reach 78.5% using the multi-zone method and the satellite target was visible when the separation reached 3.0 cm with the average accuracy of 39%. In the second set of simulations, the larger target with the small satellite target closer to its bottom half was simulated with 2.1 to 3.5 cm separations and the center depths of 1.5 and 2.0 cm. The reconstructed absorption maps are shown in Figs. 12(c) and 12(d). Using the single ROI method, the smaller target could not be resolved and the maximum reconstructed μ_a was 0.10 cm⁻¹ (40%) as shown in Fig. 12(c). Using the multi-zone method, the reconstructed maximum absorption of the larger target was 0.15 cm^{-1} (60%) and that of the smaller one was 0.05 cm^{-1} (20%) [Fig. 12(d)]. The satellite target is visible in Fig. 12(d) but reconstruction accuracy (20%) is far lower than that of the larger one. As shown in Table 1, the average reconstruction accuracy of the larger target is 51.5% using the single ROI method and that is 76% using the multi-zone method. The smaller target could not be resolved until the target separation reached 3.5 cm using the single ROI method and it could be resolved when the separation



Center-to-center separation: 1.5 cm

Fig. 9 Simulated absorption maps of two targets of the same contrast ($\mu_a = 0.25 \text{ cm}^{-1}$) separated by 2.5 cm with one located at 1.0 cm and another located at 1.5 cm center depths. (a), (c), (e), and (g) Obtained using the single ROI method and (b), (d), (f) and (h) using the multi-zone method.

was larger than 3.0 cm with the average accuracy of 23% using the multi-zone method.

We also performed phantom experiments using two highcontrast polyester resin spheres. Two sets of experiments were done and the targets were located at the same coordinates as used in the simulation described earlier. The left column of the US images in Fig. 13 shows the locations of the two targets when they are separated by 3.0 cm, and the reconstructed absorption maps are shown in the right column. When the smaller target was closer to the top half of the larger one, the reconstructed maximum μ_a of the larger target was 0.09 cm⁻¹ (39%) using the single ROI method [Fig. 13(a)] and 0.17 cm⁻¹ (74%) using the multi-zone method [Fig. 13(b)], and the maximum μ_a was 0.11 cm⁻¹ (48%) in Fig. 13(b) of the smaller target using the multi-zone method. The reconstructed maximum μ_a was 0.09 cm⁻¹ (39%) in Fig. 13(c) using the single ROI method and 0.16 cm⁻¹ (70%) of the larger target, and 0.11 cm⁻¹ (48%) of the smaller one in Fig. 13(d) using the multi-zone method when the smaller target was located closer to the bottom half of the larger one. The smaller target cannot be resolved in both Figs. 13(a) and 13(c). In Table 2, the average reconstruction accuracy at all separations and depths is 46.7 and 80.5% (larger target) and 26 and 48% (smaller target) using the single ROI method and the multi-zone method, respectively, when the smaller target is closer to the top half of the larger one. The average values are 49 and 78% (larger target) and 24 and 36% (smaller target) when the smaller target is closer to the bottom half of the larger one. This set of simulations and phantom experiments

Xu, Xu, and Zhu: Clustered targets imaged by optical tomography guided by ultrasound



Fig. 10 Phantom experimental results of two targets of the same contrast ($\mu_a = 0.23 \text{ cm}^{-1}$) separated by 2.5 cm with one located at 1.0 cm and another located at 1.5 cm center depths. Obtained (a), (c), (e) and (g) from the single ROI method and (b), (d), (f) and (h) from the multi-zone method. The corresponding co-registered US images were shown in the first column.

demonstrated the improvement and limitations when the clustered lesions of different sizes were imaged by the multi-zone algorithm.

4 Discussion and Summary

We have qualitatively evaluated the performance of the single ROI reconstruction method and the new multi-zone reconstruction method with respect to the resolving ability and light quantification accuracy when multiple targets were present. In general, the single ROI method cannot resolve two small targets when their separations were less than 2.5 cm and the target depth was greater than 2.0 cm. The highest reconstruction accuracy of the single ROI method for small dual targets was about 50% for high-contrast targets. The multi-zone reconstruction method improved both the resolving ability and accuracy when the *a priori* lesion location information was given. As a result, two targets located at 2.5 cm depth with separation greater than 2.0 cm could be distinguished. With respect to light quantification at all depths and separations, the multi-zone method improved the accuracy and the highest reconstruction could reach 91% for high-contrast targets.

Due to the intense light scattering in a turbid medium, the light quantification of targets located at deeper depths of more than 2.5 cm was lower and the resolving capability of the multiple targets was poorer. In addition, because the diffusion approximation was used in reconstruction and the lacking of the center source, targets located at a shallower depth were not as accurately quantified as the targets located beyond 1.0 and less than 2.5 cm depth range. The multi-zone method improved the light quantification for smaller 1-cm dual targets of different separations located at all depths and the improvement was more dramatic when targets were in the depth range beyond 1.0 cm and less than 2.5 cm. Another issue is related to the reconstruction accuracy of different contrast targets. In this paper, we have three sets of targets that have high (0.25 cm^{-1}) , medium (0.15 cm^{-1}) , and low contrast (0.07 cm⁻¹). Over-reconstruction happened to the low-contrast target due to system and measurement noise





Fig. 11 A clinical example of two malignant tumors. (a) and (b) Co-registered US image of 9 o'clock lesion and (b) 7 to 8 o'clock lesion with center location of approximately 2.0 cm. (c) and (d) Absorption maps reconstructed at 780 nm using (c) single ROI, and (d) multi-zone method. (e) and (f) Total hemoglobin concentration maps using (e) single ROI and (f) multi-zone method.



Fig. 12 Simulated absorption maps of one larger target with a smaller target closer to its top half [(a) and (b)], and bottom half [(c) and (d)] using single ROI [(a) and (c)] and multi-zone method [(b) and (d)]. The center to center distance between the two targets was 3.0 cm. (The arrow head points to the smaller target.)

Xu, Xu, and Zhu: Clustered targets imaged by optical tomography guided by ultrasound



Fig. 13 Phantom experiments of one larger target with a smaller target located close to its top half [(a) and (b)], and bottom half [(c) and (d)] using single ROI [(a) and (c)] and multi-zone method [(b) and (d)]. The corresponding co-registered US images were shown in the left column. (The arrow head points to the smaller target.)

and under-reconstruction occurred to high- and medium-targets, however, medium-contrast targets had higher reconstruction accuracy than that of high-contrast targets because of the use of the linear Born approximation. In clinical studies, multiple lesions located close to each other is not uncommon, a diagnostic modality should be able to more accurately characterize multiple lesions. In all simulations and phantom experiments, the multi-zone method achieved more than 20% improvement compared to that of the single ROI method. Thus, it is more accurate in diagnosis of clustered lesions. Further improvement is needed by investigating the use of nonlinear reconstruction algorithms.

When two targets of the same contrast, one larger and one smaller, were located close to each other, the location of the reconstructed absorption mass was shifted toward the larger target because the perturbation generated by the larger target dominated the reconstruction. A smaller target located more than 3 cm away from the larger one may be resolved when the multizone algorithm is used, however, the reconstruction accuracy was low. Therefore, it is not reliable to use the multi-zone method to characterize the clustered lesions with a primary larger tumor that dominates the reconstruction. In other words, when the primary tumor is malignant, the smaller lesions around it cannot be correctly diagnosed using the diffused optical tomography even with *a priori* target information.

In summary, we have introduced a new multi-zone reconstruction method and compared its performance with the single ROI method. Simulation and phantom studies have showed a more than 20% improvement in target quantification as compared to that of the single ROI method. Clinical examples were given to demonstrate the potential of the new method in accurate characterization of malignant and benign breast lesions.

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			Smaller target clo	ser to the top half			Smaller target close	r to the bottom half	
		Larger target	depth 1.5 cm	Larger target	depth 2.0 cm	Larger target	depth 1.5 cm	Larger target	depth 2.0 cm
Reconstructed μ_a L	Init: (cm ⁻¹)	Single ROI	Multi-zone	Single ROI	Multi-zone	Single ROI	Multi-zone	Single ROI	Multi-zone
Target separation	Max(L):	(0.11)*	(0.16)*	(0.16)*	(0.23)*	(0.11)*	(0.17)*	(0.16)*	(0.22)*
2.0 cm	Max(S):	(44%)	(64%)	(64%)	(92%)	(44%)	(68%)	(64%)	(88%)
Target separation	Max(L):	(0.11)*	(0.16)*	(0.15)*	(0.23)*	(0.11)*	(0.16)*	(0.15)*	(0.21)*
2.5 cm	Max(S):	(44%)	(64%)	(60%)	(92%)	(44%)	(64%)	(60%)	(84%)
Target separation	Max(L):	(0.10)*	0.16 (64%)	(0.15)*	0.24 (96%)	(0.10)*	0.15 (60%)	(0.15)*	0.21 (84%)
3.0 cm	Max(S):	(40%)	0.09 (36%)	(60%)	0.10 (40%)	(40%)	0.05 (20%)	(60%)	0.05 (20%)
Target separation	Max(L):	0.10 (40%)	0.15 (60%)	0.15 (60%)	0.24 (96%)	0.10 (40%)	0.15 (60%)	0.15 (60%)	0.25 (100%)
3.5 cm	Max(S):	0.06 (24%)	0.09 (36%)	0.08 (32%)	0.11 (44%)	0.04 (16%)	0.07 (28%)	0.06 (24%)	0.06 (24%)
*Two targets merged toge	ther as one. Max(L)	and Max(S) referred to	maximum reconstructe	d absorption coefficient	· of larger target and s	maller target, respective	ely.		

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Table 2 Phantom	cm at 1.0 to 2.5 ci

			Smaller target clos	ser to the top half			Smaller target close	r to the bottom half	
		Larger target	depth 1.5 cm	Larger target	depth 2.0 cm	Larger target	depth 1.5 cm	Larger target o	depth 2.0 cm
Reconstructed μ_a Un	it (cm ⁻¹)	Single ROI	Multi-zone	Single ROI	Multi-zone	Single ROI	Multi-zone	Single ROI	Multi-zone
Target separation	Max(L):	(0.08)*	(0.12)*	(0.10)*	(0.16)*	(0.10)*	(0.13)*	(0.13)*	(0.17)*
2.0 cm	Max(S):	(35%)	(52%)	(43%)	(70%)	(43%)	(57%)	(57%)	(74%)
Target separation	Max(L):	(0.10)*	(0.19)*	(0.14)*	(0.23)*	(0.09)*	(0.16)*	(0.13)*	(0.23)*
2.5 cm	Max(S):	(43%)	(83%)	(61%)	(100%)	(39%)	(70%)	(57%)	(100%)
Target separation	Max(L):	(0.09)*	0.17 (74%)	(0.13)*	0.23 (100%)	(0.09)*	0.16 (70%)	(0.14)*	0.23 (100%)
3.0 cm	Max(S):	(39%)	0.11 (48%)	(57%)	0.11 (48%)	(39%)	0.11 (48%)	(61%)	0.05 (22%)
Target separation	Max(L):	0.09 (39%)	0.15 (65%)	0.13 (57%)	0.23 (100%)	0.09 (39%)	0.15 (65%)	0.13 (57%)	0.21 (91%)
3.5 cm	Max(S):	0.06 (26%)	0.11 (48%)	0.06 (26%)	0.11 (48%)	0.05 (22%)	0.11 (48%)	0.06 (26%)	0.06 (26%)
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